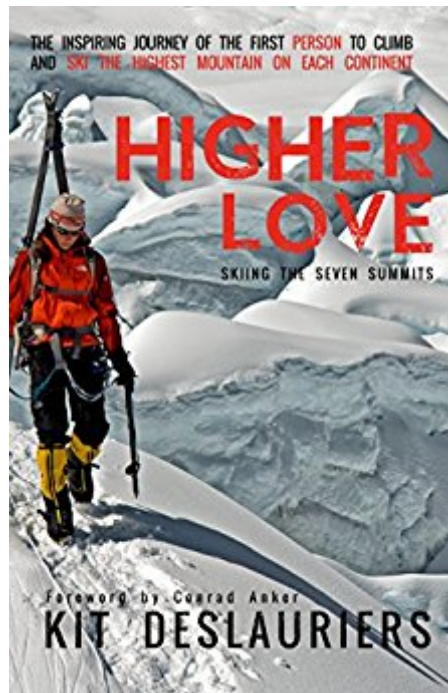




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Higher Love: Skiing The Seven Summits



Synopsis

Centered on her quest to climb and ski the 147 Seven Summits, *Higher Love* is a hero's journey, rich with personal insights, life-threatening consequences, and a thrilling crescendo. Spanning seven continents in just two years, this is Kit's personal account of the secret journey that would change her heart and her life forever. From braving Antarctica's bone-chilling temperatures to trudging through an African rain forest, from corn snow on the continental slopes of Australia to blue ice on Everest, Kit leads you up each mountain and gives you a heart-racing ride back down. This candid, fast-paced story shows how inspiration, teamwork and honoring our true nature blazes the trail to every summit, on or off the mountain.

Book Information

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Customer Reviews

As a part time mountain person and high altitude trekker and one searching for that elusive way to be able live every day by ones true values I found this book speaking deeply. Not so much about climbing the mountains, although Kit's adventure on Everest was Epic, but in being alive, free, and true to ones values in the outdoors is about so much more than about just reaching the tops of mountains. It is about ones values, ones heart, ones soul, and the joy that comes from being true to

yourself. In Higher Love, Kit gives you an intimate perspective of the extreme joys and intense challenges and the struggles one has to follow, or stay with, ones values. We all want to live the life we want, but have our cake to. It was refreshing to see some of the "behind the scenes" of the sacrifices, doubts, and fears and that those who accomplish these feats are really just like you and I but just have identified, and then chosen, to stay true to their self. It was also refreshing to see how they were able to make it happen financially as that it usually the one obstical thats keep most from choosing to go for it. If you are a skier, lover of the mountains and wild places, or are just searching for how to follow your true values and be true to your self.... like a wolf, you'll love this book.

In my next life I want to be Kit's friend. Hid the book in my lap and finished reading it at work as I could not put it down. Wept at the end with exhaustion and relief - felt like I had been up and down those mountains with her. If you are looking for a fantastic adventure story featuring a woman who is not only courageous beyond words but also someone you would like to sit down and have a glass of wine with - READ THIS! Wow. Thanks Kit for sharing your story but more for sharing the inside of your head as well...both so incredibly inspiring!

Ms. DesLauriers is the first person to ski the highest summit on each continent, also known as the Seven Summits. In this revealing and compelling memoir, she shares her journey from inception to completion. The summits include Denali, Elbrus, Vinson Massif, Kosciuszko, Aconcagua, Kilimanjaro and Everest. Each presented unique challenges and skill sets, and yet she managed to finish within a two-year period. This is a wonderful read, offering insights into the mind of a woman who engages in dangerous pursuits while also detailing the risk minimization that she practices diligently. Still, the Everest portion will leave you dangling on the edge of your seat. I especially enjoyed the side-stories about her wolf dog. Well-written and fascinating, I thoroughly enjoyed this book.

I received this book as a gift from a friend. I loved everything about it. Kit tells her great story and her narrative is easy to follow and she seems downright pleasant. I ended up buying this as a gift for another friend, I am very excited to share this fun read. The book arrived in great condition and on schedule.

Amazing undertaking that is beautifully told. With compelling prose, DesLauriers brings new voice to an Everest ascent (and first ski descent with Jimmy Chin and Rob DesLauriers). But that is only part

of the challenges she overcame in skiing the seven highest summits on each continent. The book is destined to be a classic.

Inspiring read about a humble brave woman who skied all seven summits. Kit is an incredible mountaineer and now mother of two!

Really really enjoyed this book of adventure and persistence from a very brave girl. A true story I would recommend to any aspiring adventurer, just wish I was a bit younger so I could follow in her footsteps!

This is an amazing book - well written and compelling. Kit is an adventurer with a great big spirit. Her achievement is impressive and her account of how she managed to pull it off is fascinating.

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